

Exploration Of Experiences And Problems Of Child Labor

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Key words:	ABSTRACT
Child labor, Needs, Problems, Experiences, Feasible solutions, and Qualitative study.	<p>Objectives: Child labor is a problem that needs attention especially in developing countries. The pandemic of Covid-19 has given it a spurt. Previously conducted studies on child labor remained focused on existence, causes and magnitude of this universal dilemma. Several measures at national and international level have been taken to eradicate it but could not get succeed fully. There is a need to explore the experiences and problems of working children from which they use to pass through. The needs of working children should get highlighted so that some suitable measures can be taken to make the condition better. However, this research is aimed to exploring psychological, physical, social, workplace, familial needs and problems faced by child labor further to find out some feasible alternative solutions.</p> <p>Design of the Study:</p> <p>Qualitative design and thematic analysis was used to compile results.</p> <p>Place and Duration: Working children in field were interviewed from two cities of Punjab Pakistan Multan and Jhung respectively from May 2022 to July 2022.</p> <p>Sample and Method:</p> <p>Total 19 working children including two girls under the age limit of 16 have interviewed from different workplaces as workshops, hospital, hotel and tea stall. Purposive sampling technique was used to include participants. Semi structured interviews have conducted with participant's consent.</p> <p>Results and Conclusion: Data has been analyzed through method of thematic analysis. Eight super themes have been derived namely "Covid closure, low income cause of work and children's will", "Personal needs, beating, and poverty creates sadness", "Face familial health problems, family disputes and financial problems",</p>

	<p>“Scolding and beating at workplace and from general people”, “We are okay as we are, have no other solutions except Allah or hard work”, “Like study but need financial support and teacher’s good behavior in school and awareness”, “Work adjustment with time, social examples and personal experiences forms concepts about education job and work”, “Earning, exposure, supportive behavior of family and work master creates happiness and develops a sense of responsibility” from the gathered data. The present study highlights the experiences, needs and problems of child labor.</p>
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INTRODUCTION

The present research is about “exploration of experiences and problems of child labor”. Child labor is also defined as the work which keeps children away from their basic right of getting educated. This work also proves hazardous for their physical social and mental health. (Awan et al., 2011)

The recent report of UNICEF and ILO summed up that the rate of child labor has increased up to 160 million worldwide (UNICEF and ILO, 2021). Working children’s development in all domains remains at risk. (Ashiq & Dar, 2021). Doing labor is challenging for the mental and physical health of the children (Bachman, 2000). This research aimed to explore the psychological, social and workplace problems faced by the child labor as it is depicted by the literature that work affects children in all developmental domains.

Different forms of child labor exists in all over Pakistan. Approximately 20% children of Pakistan are involved in child labor (Nations, 2021). This high ratio of child labor might have created psychological problems which need to get highlighted.

Due to child labor personality development of children is also get affected because children keep suppress socially and mentally (Shah et al., 2020). In the annual meeting of International day of Child Labor which is 13th June, 2021 an ambassador of Pakistan People’s Party Sharmila Farooqi documented that even now in Pakistan around 3.3 million children are bonded to forced labor due to various money and familial problems (Nations, 2021). ILO paper under UNICEF stated that Covid-19 casted detrimental effects on the progress of UNICEF to eradicate the child labor because unemployment increased due to Covid-19 and millions of children pushed to work (ILO, 2020)..

METHOD

Research Design

This was a qualitative exploratory research. Data was collected from two cities of Punjab Pakistan Multan and Jhung. Thematic analysis was used to compile the results.

Participants

Snowball and purposive sampling technique has been used. Total 19 numbers of participants (N=19) under the age 16 including female doing child labor out of domestic setting have interviewed according to the semi structured interview agenda.

Inclusion and Exclusion Criteria

The inclusion criteria for the research was the male/female children working outside of the home under the age of 16.

On the basis of Focused Group Discussion Session's results, gaping wounds of literature and personal observations interview agenda was formed.

Procedure

Few interviews took at the bus stand building near the workshops of participants. Few of them were conducted at home and few in the hospitals with the children who were selling items there. Few interviews were conducted in the Jhung city of Punjab Pakistan. 13 out of 19 respondents were from Multan city and 6 were from Jhung.

Interview Agenda

1. What is your name?
2. How old are you?
3. How many siblings do you have and which is your birth order?
4. What is the profession of your father/mother?
5. Do your siblings works as well?
6. How many years are you working from?
7. Why did you start doing work? What was the reason behind?
8. Why do you join this work?
9. Have you went to school even?
10. Why did you left school and from which class?
11. How was the school?
12. How do you felt going to school?
13. What kind of problem you have faced in school?
14. What do you want from school?
15. Do you want to go back to school?
16. You are working from sometime how it feels to you?
17. What is your time schedule?
18. What kind of problem do you have at workplace?
19. How it would get solve?
20. What do you want at workplace?
21. Do you got money?
22. How much amount do you get from work?

23. Are you satisfied from your wages?
24. What do you do from your earning?
25. Did your earned money make a difference in family's income?
26. Is this your first workplace?
27. Are you satisfied from this work?
28. Do you want to do any other work/
29. What do you feel good and bad about this work?
30. What do you want to do in future and why?
31. What kind of behavior do you face of people?
32. Which behavior of other people do you like and which do not?
33. What do you want from other people?
34. What kind of problems your family is passing through?
35. What you want for your family?
36. Everyone needs few things for themselves, what do you want for yourself?
37. What are your personal problems?
38. What do you want for yourself from your family?
39. What things makes you happy?
40. What are the things hurts you and make you disturbed?
41. What do you think that how much education is important and why? If not then why?
42. What are the advantages of education?
43. What do you think about work?
44. What are the advantages and disadvantages of work?
45. What children should do, education or work?

Interviews of respondents have transcribed in Roman English and by using the software named QDA Miner Lite, coding has done in English language.

Data Analysis

Thematic analysis has used to compile the data. Data has been categorized in form of themes and super theme. Phenomenological approach has adopted to reflect the results. Data analysis has performed by six steps given below.

1. Getting familiar with the data

Giving multiple readings to the transcribed interviews gave direction to compile results.

2. Giving codes to data

The meaningful but precise combination of words is called a code. A different code is assigned to every transcribed line of a participant. Coding has done through software QDA Miner Lite.

3. Deriving themes

All relevant codes makes one theme. This theme conveys exact flavor of participant's response. In this research 20 themes have been generated from codes.

4. Review of themes

The purpose of reviewing themes was to make correction and to make the themes more descriptive and reflective.

5. Giving names and defined to themes

Efforts have done to make it as per standard. Every derived theme has described in details with respondents' answers. From theses 20 themes, 8 super themes have generated and described in detail.

6. Report production

After passing through all above mentioned steps describing results was the next step. On the basis of super themes, and themes results has been described.

RESULTS

Results have described in a unified pattern in which it includes the response of the participants between inverted commas, P used for participant and with the serial number of participant, then mentioned the DU (discourse unit) with its numeric, for instance "participant's response" P!, DU: 40.

Here is the thematic map consisted of super themes, themes and codes generated with the help of software.



1. Covid closure, low income caused to work and children's will

In this super theme basically two reason described by the all participants, the reasons why they started work. One of the reason is Covid-19.

"When Corona occurred then schools were in an uncertain condition sometimes open sometime closed then my father is also a labor he said to me that you should learn a work otherwise you will be like us a labor that is very difficult work. Learning this work will make you something" P5, DU: 53.

Income problem is second reason

"Joined work in compulsion had to leave school because father could not fulfill household expenses" P6, DU: 109, 111.

When asked about their willingness, participants reported that they feel compelled to work and have not get adjusted with work.

“I don’t like to sale mask its very embarrassing for me, I really don’t want to do”, “Then my mother said sale mask and I have to sale”, P8, DU: 104 & 108.

2. Personal needs and beating, poverty creates sadness

This super theme has derived from the two themes “1st Personal problems and self needs, 2nd School leaving, beating/ scolding and low income makes sad as a participant said that

“Home food isn’t available here so which is available have to eat which disturbs stomach, “Now I have not any hobby, have not any interest, we used to study and play earlier”, “Now I just want to learn fast so I could go back to home”, “I use to weep in loneliness”, “I want to wear new clothes, shoes and want to keep myself neat and clean but in this work it is not possible”, “I don’t want anything for me” P2, DU: 187,220, 233, 248, 344, 418.

Another participant quoted

“I say that we should go school it is very good place, I miss that so much”, “Frequent fighting at workplace frightens me and nightmares occurs and it also disturbs my sleep”, I want peace at home, I don’t like fight it frightens me”, “Some elder people around use abusive language, scolds I don’t like this”, “I need cycle but have no money as if I have to go far so I can use cycle” P5, DU: 75, 96, 99, 109, 162 and 225. Another child mention needs that “I want happiness at home these worries should end” P18, DU: 197.

Participant associates family’s money need to their personal needs and reported that

“Our home is own but it’s really congested only one room so I need a little bit broad home”, “I need cricket match kit”, “I need to learn skill, skill should in hand” P6, DU: 123, 175, 139.

A child shared his personal needs and problem

“My mother don’t allow me to consume money”, “I have no money so I can’t eat which things I want”, “When anyone beats me I become ill”, “I need money and edible items from my parents”, “Masters beats and father rebukes badly”, “No one loves me neither father nor mother” P12, DU: 80, 84, 177, 230, 301, 334.

It is concluded from responses of participants that they are in need of family peace, care from family, money to solve home problems, new clothes, shoes, bike and mobile which are basic elements of life but they can not afford them.

Participants told their reasons of sadness school leaving is one of them.

“At the end person regret that why I left should, it would have good to read”, “Miss my school and friends very much” P1, DU: 121, 123, 139.

Children got hurt from beating and scolding behavior of people

“When master beats me it hurts, then my heart says, to run from here” P2, DU: 106.

Having low income makes them sad.

“It feels very sad when we have no money and can’t afford bread”, “I worked hard here for money and my younger siblings wastes money in games which hurts a lot” P7, DU: 147, 159. A child said bad behavior hurts “Some people scolds badly , says that now there is no corona we don’t need mask, go away, it hurts very much even then I don’t want to come again”, “Having no money make us much worried” P8, DU: 115, 117, 141.

3. Face familial health problems, familial disputes and financial problems

This third super theme is the combination of two themes “family problems and needs, financial problems and needs”.

“Father was paralyzed, now have done with the eye operation of father and my younger brother has kidney problem”, Every time clashes at home”, “My father had taken gold from aunt 3 tola, we have to return it as well”, P13, DU: 24, 79, 93.

Clashes at home and familial conflicts makes children psychological disturb and mentally stressed.

“Every time Parents’ fights, it disturbs me”, “I just want to end parents’ fight, I want peace at home”, “I just want that my father come back, I don’t feel good without him” P5, DU: 82-86, 107-109 and 178.

One participant reported deprivation of basic needs which is a real matter of worry for them.

“No one does work with happiness, we could not run home circuit so my father said that we all have to work”, “I want to earn enough money so that my sick mother would not have to work” P7, DU: 105-107, 95, 101.

Rented homes and debts are also a big matter of concern.

“Our home rent is very high so my mother said we have to work”, “But we can’t save money all get consumed”, “When Imran Khan was then we got 14k every month but now it has been stopped”, “We have to walk till workplace, can’t afford fair” P8, DU: 75, 175, 200, 224.

4. Scolding/ beating at workplace and from General public

This super theme made up of two themes ,Bad behavior of people and need for good, Scolding beating and hardships at workplace. Children feel it very bad and it makes them hurt as well. Many participants reported this.

“Surrounding elders scolds and beats as well”, “I just say that master can beat but why these elder beats me, if they don’t beat then this work is very good”, “I just don’t want to get beat and want to do good work” P2, DU: 206-208, 216 & 438.

People also insults the working children

“Some people are bad, they rebukes and say not need mask go” P9, DU: 109.

Children demand good and polite behavior from people.

“Should not abuse each other, give and take respect, should live with love” P10, DU: 291.

Some problems of child protection bureau have described by participants.

“They caught children and keep children hungry there, don’t give food to children with care”, “just give food once or twice”, “It’s better to do work than live in center, there it feels that we are in prison, cannot go independently anywhere, they keep children in rooms just”, , “They give used and unclean clothes, show to foreigners for money”, “I would never want to go center” P7, DU: 190, 192, 196, 208, 210.

Children demand support from society and want to let them work.

“I want from people that don’t tease any child, we come here in compulsion for earning, just let us do our work peacefully, even we don’t stay here after 1 pm”, P7, DU: 51-53.

Bad behavior frightens the little working children so they want good behavior.

“In motorcycle work, they asked to bring something if I could not hear then they starts shouting”, “I want people don’t do fight and live peacefully” P19, DU: 241 & 299.

Some children reported the need of proper training to use instruments and they also feel danger to work with them.

“Faces difficulty when there is an instrument which produces fire, it has to push, in that I face difficulty”, “I feel scared of that instrument when have to open. There is fire in that, once I got burn my finger”, “I just don’t want to use that instrument, they should give proper training of it then use it” P1, DU: 75, 77-79 & 203.

A child said that he don’t like work because it has financial instability.

“it is casual in work that if a year has 12 months, 10 are working months and 2 months have no work, then we have to take money from others but job has not problems like this” P3, DU: 201.

Assistant of work master also beats the children and take much work from them.

“Seniors at my workshop beats mostly”, “My master is very good but not his workers, master talk to me in good manner”P5, DU: 143 & 174.

Some common problems derived by the girls selling masks at a hospital.

“Other mask selling boys beats and said that don’t sale mask here, then they sale 2 for 10 through this they distracts our customers”, “I have to stand in summer, high sweating, sometimes got faint as well”, “Now masks don’t get sale” P8, DU: 65, 67, 136.

Children do more work but gets low wages.

“I have to bring yogurt from owner’ home simultaneously have to make tea and serve customers, beside this I also have to sale milk and yogurt and have to keep shop clean as well”, “Its not work of one person, there should be another boy as well”, P17, DU: 66-68, 156.

5. We are okay as we are, Have no other solution except Allah and hard work

This super theme includes four themes. Children’s schedule of earning, their current situation, future plans and solutions of their problems in their own opinion.

“Now I don’t get tired, it happened earlier”, “It’s okay, I am doing this work. At least I am earning”, P10, DU: 50 & 71-73.

Some children did not get adjusted and they don't want to continue work.

"Still I want to go school" P19, DU: 229.*

Some participants wanted another work.

"I am not happy with this work it's not a skill, work should be skillful" P7, DU: 128-131.

A child said

"I want to do work and study simultaneously" P14, DU: 111.

Some respondents said that they wanted to do work and to be like his master.

"I will do this work, I want to be ustad", P2, DU: 196.

Some of children said that they wanted to learn a skillful.

"I will learn tailor work", "Skill should be in hand" P6, DU: 133, 139.

Here are some solutions which quoted by participants that what are solutions of their problems in their opinion.. Participants see the solutions of their problems in hard work.

"I will try my best and work hard for my own workshop" P1, DU: 264.

Chat selling boy said that they should have permission to sale

"Let sale us chat here, we don't say anything to anyone (need permission to sale)", just like this hard working we will save money and through committee we will purchase new home" P6, DU: 74, 125.

As children were young so some of them said we don't know the solutions.

"ALLAH knows solutions, I don't know" P9, DU: 165-167.

A participant stated solution for behavioral problem at workplace

"Person should tolerate from now, then he would be able to tolerate in the life ahead" P10, DU: 216.

6. Like study but need financial support and teacher's good behavior in school and awareness

This super theme includes the school experiences of the children doing work and their information and awareness.

Less study interest has mentioned by participants.

"When I was in school I had little interest in studies", P3, DU: 50.

Corporal punishments and insulting behavior by teachers was a big problem.

"In school sir beats that's why I don't feel like to study", "Due to corporal practice, fed up of studies", "Parents says, you don't study that's why teachers beat", "Sir in schools used to shout but teachers talks in a very polite way", "There were 2 3 boys in class, teachers like them a lot, whenever they demand leave, it was granted to them. But never allow us to leave" P4, DU: 72, 76, 84, 238, 263.

Some participants had to leave school against their will.

“I liked to study”, “School and teachers both were very good, mostly I stood 1st or 2nd in class”, “Teachers never beat us” P13, DU: 45, 47, 71.

Some of respondents claimed that in schools teachers don’t pay good attention to students.

“I don’t feel like to study because teachers used to beat all the time. They remained busy in gossips all the time”, “In school there should be proper study otherwise it’s waste of time” P11, DU: 80-84, 100.

Children complained about high expenses of school.

“I have no uniform, fees. School demands huge fees 2 2 thousands”, “My mother asked me to study but we haven’t money”, P19, DU: 94 & 179.

7. Work adjustment with time, Social examples and personal experiences forms concepts of education, job and work

This super theme is about the work history of child labor and their opinion about education, job and work as suggested by the FGD panel.

Initially participants reported work difficulties and adjustment issues but after sometime they become habitual.

“When I come in starting, I felt it very difficult. I had to wash very big cauldrons which were very difficult for me. I wanted to go back. When I saw a large number of pots to wash, I really didn’t feel good to wash. But then I thought, I have to do this to earn” P10, DU: 244-247.

Participant Switched from 2 to 3 works because of personal likes and dislikes of work environment.

“Yes, I did work of motorcycle”, “10 to 15 days and also did work of barber for one month”, “It was too distant, I had to go on walk”, “In barber’s work I had to go early morning at 8 and off timing was 12 at night and in motorcycle work hands turned black and felt bad smell of patrol” P19, DU: 191, 193, 195, 213.

Participant reported that he changed work due to difficulty level, bad behavior and low wages at workplace.

“I did work at motorcycle workshop but I felt that work was very difficult, could not understand which screw should open. So I left”, “Motorcycle master gave low wages, only 100 rupees daily, then my mother asked me to leave this work”, “and workers of master used to beat me every time there”, P15, DU: 32, 60 & 199.

Here are the concepts of child labor about the education, job and work.

”Through education we can answer to the question if anyone asks. Uneducated can’t answer and through study a person can. Everyone should get study until at least 5th or 6th so he enables to answer questions” P5, DU: 264.

Most of participants respond that purpose of education is to earn money and bring comfort to one’s own and family’s life.

“Study is important and it’s good, when we got education then can get a job” P18, DU: 236.

Some of participants thinks that education is not important but the work is.

“Education is not important, work is important because no one gets job” P16, DU: 197.

Some children said that study is important but what if they can’t afford it.

“Children should study but how would study if have not money to eat even” P7, DU: 212.

Societal observations and personal experiences formed the concept of job. Few participants said that job is unpredictable and just by luck.

“My father told me that sometime job is available and sometimes not. My cousin went there but could not get soldier job” P2, DU: 296.

Some children were of the view that job is very beneficial.

“Once you got a job then after a month you would get whole salary, doesn’t matter what the season is”, If we get education then can get a government job. Government job has various benefits. Got pension after retirement” P3, DU: 97 & 130.

Some of them said that work is not good for children but the study is.

“Children should study, work is very difficult” P2, DU: 436.

Children doing work said that work should be skillful.

“It is benefit of work that person has own skill” P11, DU: 349.

A child said that work is important and children should do work.

“In motorcycle work, it has chance of early marriage. People think that boy is doing work”, “Children should do work because there is no chance to get job”, “In work we get money and learn skill as well” P16, DU: 209, 213, and 217.

8. Earning, exposure and supportive behavior of family/ work master creates happiness and a sense of responsibility

This super theme mentioned factors which creates happiness in children and also unfolded some other positive aspects described by children doing work.

“I keep my money saving in my money box and bought clothes and shoes on Eid by myself. I never tease parents for money” P7, DU: 167.

Good behavior by work masters creates happiness and respect for them.

“Even if master has less work still he will give us money and on last Eid he gave me 400 and shoes as well P16, DU: 131-133.

Learning any work is also an achievement for working children in their perception. It makes them happy.

“I use to open shop”, “I can hold instruments and can work under lying vehicle as well”, “I earns more than my brother”, “And I also give money to my sisters”, “Every Friday I use to spend money on myself” P12, DU: 64, 147, 342, 347 and 358.

When someone praises the children doing work in any aspect they get encourage.

“Once a food inspector come and said, you are doing really well. Everything is neat and clean I felt really very happy” P17, DU: 190.

These are some new things described by the child labor, some positivity in the life. Mostly siblings of child labor were studying.

“My little sister is doing study and I would educate her till class 10” P15, DU: 88-90.

Some children reported very good working environment and because of that they feel comfort at work.

“Master gives food”, “Master treats me with love, never beat, Beats big boys but treat me with love”, “We works under sheds and air coolers are also there so don’t feel hot P1, DU: 126 & 131.

Master’s good behavior, moral and financial support also positive aspects As in young ages children start work so by the good behavior of their master they idealize them.

“I just want that everyone should be like my master, he is so good never use abusive language, behaves good to anyone” P4, DU: 167.

The familial support gives energy and enthusiasm to the child labor for hard work.

“I don’t want anything from family, but I want to give them everything”, “My mother and siblings takes very good care of me”, “I wish to get my siblings well educated” P10, DU: 93, 95, 109.

Children showed obedience to parents

“My mother asked me to go on work so I thought this is my family, they are elders so can’t refuse them, can’t be stubborn in front of parents”P1, DU: 245.

DISCUSSION

First super theme describes two major reasons of child labor, one is poverty. It is supported by the previous studies that poverty rate is very high in Pakistan that even people could not afford food and daily necessities so they send their children to work (Worldometer, 2021). Second reason is pandemic of corona due to which child labor rate got high. The recent study on Covid-19 by International Labor Organization (ILO) and UNICEF report that child labor has increased worldwide due to pandemic of corona (ILO, 2020).

The 2nd super theme tells about the needs and sadness creating elements in child labor. Most of the described personal needs and problems by child labor were relevant to the money. Children reported need of shoes, clothes, food, home, education and treatment. Children doing work can have serious threats to their mental well-being because of the life they are living is full of miseries and problems. A research quoted that, due to child labor personality development of children is also get affected because children keep suppress socially and mentally (Shah et al., 2020). Another research quoted that child labor can have psychosocial burden on children (Qadeer et al., 2021). So, it was important to explore the psychological problem of working children. Participants described that having insufficient money, family clashes make them sad, stressed and disturbed. A research endorsed, Childhood is a period to grow and glow physically, psychologically, socially and morally but the children involved in child labor are clearly at risk in these developmental domains (Ashiq & Dar, 2021). Children reported rebuking and beating at workplace and from general public makes them psychologically disturb. It is supported by the two researches. It found 20 percent physical and sexual abuses in children which cause problems in children (Iqbal et al., 2021). The present research tried to give voice to the aspect of child labor’s lives which have never get into streamline.

The 3rd super theme highlights that child labor face problem of family member's diseases, family disputes, low income and a large family to feed. A research supports the finding that Children of age 10 and little above remains not children. They have responsibility of family so they become attached to work and accept it as their fate (Qadeer et al., 2021). Extreme financial problems have reported which is directly supported by the literature as well that poverty is the major factor of child labor (Latif et al., 2018).

The 4th super theme describes that child labor face scolding, beating at workplace and bad behavior by the society. They mentioned the need of polite and good behavior by the people. Beating and scolding is common at workplace as reported by most of the participants. Literature seconds the finding Child labor reported that they have to face physical abuse, extreme rebuking and scolding attitude both at workplace and at home (Iqbal et al., 2021).

The 5th super theme of this research describes the current situation and demand of working children as either they are happy with their work or not. It also includes Schedule and wages beside the future intentions and suggested solutions of their problems in their own opinion. Few participants reported the wish to go back to school but majority of participants wanted to continue work. With the passage of time they become adaptive. A research reported that doing work make the children become comfortable and happy with the work. It is because of psychological adaptation (Woodhead, 2004). Most of the participants reported that they want their future in work. It is supported by the literature that, working children contributes in home income which brings ease to family's life. (Swain, 2014). Solutions have also described by the children themselves. They reported hard work is the only solution to their problems.

The 6th super themes tells that children likes study but poverty and teacher's attitude changed their perception. Majority of the participants got admission in school after that joined work due to poverty. A research states that School is not parents' preference but bread winning (Hafeez & Hussain, 2019). Children and their families have less information about legislation of child labor. Literature described it as Awareness and knowledge about rules and legalities of the child labor is about to none (Latif et al., 2018).

The 7th super theme of this research talks about work history and formation of concepts about education, job and work. Some of working children considers education is important and some considers work.

The last super theme describes that earning, exposure, good behavior creates happiness and mentioned positive aspects in their perception. Children reported that getting financial independence makes them happy. A research reported that children doing work are the economic burden sharers of family which brings ease to family's life. (Swain, 2014). Here are some aspects which have been unfolded first time because no literature describes it. Big boys of the family do work but little ones and girls are getting education. Majority of the children went school and left it under primary Many children reported that their owner does not beat them but scolds only on mistakes. At occasion of Eid masters give shoes, clothes and cash to them beside this daily lunch is from the master as well. Masters never stops their money and give it on time. Children doing work develop sense of responsibility. Good familial bond proved a strength for them. Selflessness was common in child labor.

Conclusion

The present study gives in depth understanding about the physical, psychological, social, familial, personal, and workplace needs and problems of working children. It was conducted to find out some alternative feasible measures to make the condition better of child labor

Recommendations and Limitations

Here are some implications and recommendations of this research which can be helpful to make condition better of working children.

Counseling and awareness should provide to the parents and families of child labor so they can understand it's damaging effects Government should provide financial aid. Society and work masters should adopt polite and good behavior with working children. There must be a check and balance on the new project for the wellbeing of children. To do white wash in child labor is not feasible so skills teaching programs in part time should start. Education department should ensure provision of effective, quality and free education with some scholarships and free food in schools. Incentives can be helpful to attract children and their parents towards education. All above mentioned problems cause psychological problems in working children. Pakistan Psychological Association and international concerned bodies should also turn their attention to the psychological betterment and mental well-being of the child labor.

This study explored the experiences and problems of the working children through qualitative method. It is recommended to the future studies to apply scales of depression, anxiety, self-esteem and personality measures on children doing work.

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